



Spring
Summer
2023

Rockford Area Schools
**COMMUNITY
EDUCATION**



www.rockford.k12.mn.us

> Spring Summer 2023



About Rockford Community Education

It is the mission of the Rockford Community Education Department to; Encourage parent and community involvement in public education, to promote activities that address community needs, to facilitate the use of district assets for the greater good of the community.

Community Ed Staff Directory

Community Education Director

Melissa Joseph
763-477-4563, josephm@rockford.k12.mn.us

Early Childhood Programs

Tiffany Reinhard
763-477-7500, reinhardt@rockford.k12.mn.us

Galaxy Kids Program

Cody Hallahan
763-477-7555, hallahanc@rockford.k12.mn.us

Rockford Community Education Advisory Council Members

Brittni Bronczyk
Marlis Doboszenski
Todd Faber
Stefanie Geisman

Kelly Grimm
Jenny Kneeland
Negail Torborg

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Rockford Community Center Information

Starting June 8

RCC Spring Hours

April 1 – June 7

Monday - Friday	5 am – 9 pm
Saturday	8 am – 4 pm
Sunday	11 am – 9 pm

**Check website calendar for closed days or special hours.*

RCC CHANGE IN HOURS OR CLOSED

May 28	RCC CLOSED
May 29	RCC CLOSED
June 1	Fieldhouse CLOSED
June 2	Fieldhouse CLOSED

RCC Summer Hours

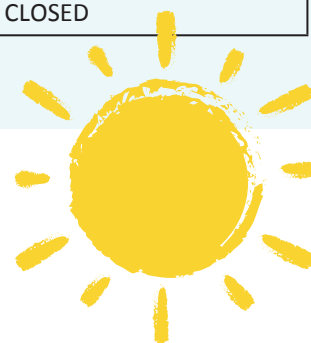
June 8 – August 31

Monday - Friday	5 am – 8 pm
Saturday	8 am – 1 pm
Sunday	3pm – 9 pm

**Check website calendar for closed days or special hours.*

RCC CHANGE IN HOURS OR CLOSED

July 2	RCC CLOSED
July 3	RCC CLOSED
July 4	RCC CLOSED



Tennis/Pickleball Courts Hours

April/May – October 15*

Open 7 days a week, 7am – Dusk

* Inclement weather could cause closure of the tennis courts.

REGISTRATION/WAIVER REQUIRED annually to use the tennis courts. These forms are available at the RCC front desk.

Front Desk 763-477-5294

CE Office Hours: 8am - 4pm, M-F
Rockford Community Center
7600 County Road 50

Find us on social media!



Facebook
@ISD883



Instagram
@isd883



Twitter
@ISD883



YouTube
RAS-Rockford MN



Early Childhood Family Education

(ECFE) is a program for all Minnesota families with children between the ages of birth to kindergarten. The program is offered through Minnesota public school districts.

ECFE offers parents hands-on learning experiences that will nourish a lifetime of teachable moments.

All ECFE classes are taught by licensed teachers and parent educators to provide the quality education for which parents are looking.

Together, parents and children, newborn to kindergarten age, participate in activities and experiences that foster children's social, emotional, cognitive, physical, and language skills.

ECFE & Launching Pad Preschool Location

Rockford Elementary Arts Magnet School
7650 County Road 50
Rockford, MN 55373

More information

Tiffany Reinhard, Coordinator
763-477-7500

Have you recently moved or had a baby?

If you have recently had a new baby, or have moved to our school district and have children ages birth through five, it is important that they are included in the school census. This ensures that you receive notification about early childhood classes, early childhood screening, kindergarten round-up and other school-related information. If you are not sure whether your children are listed on the school census, please contact the Early Childhood Office at 763-477-7500, or fill out a census form located on our website at www.rockford.k12.mn.us. Scroll over Community and select Early Childhood Programs.

ECFE on Wheels

The program features visits to your daycare, or visits on-site at the ECFE center. Visits offer creative, fun, age-appropriate activities, as well as time to informally discuss questions about child development, milestones, etc. Information on parenting and community resources are also available. Call the ECFE office at 763-477-7500 to set-up a home visit. There is no fee for home visits.

Wellness on Wheels (WOW)

The WOW Van, a public health service through Wright County Health and Human Services, is staffed by Registered Nurses and offers many services, including: Immunizations*, Dental Fluoride Treatment*, and Community Resources. It also offers screenings, including: Blood pressure, Cholesterol*, Diabetes, Radon Test Kit, Well Testing Kit.

Please call/test 763-335-0280 for questions or to schedule an appointment.

*Appointment preferred

Wright County Family Planning Program

This program promotes healthy pregnancy and provides regular check-ups and testing that can help protect a person's ability to have children in the future. This program is for women and men of any age who don't have insurance to pay for family planning. Services are no cost and are strictly confidential.

- Free pregnancy testing and counseling
- Medical exam and screening for infections
- Full range of birth control methods

Call/text 763-335-0280 for more information.

Parent/Child Non-Separating Classes

Baby & Me Classes

Infants up to 1 year old

You've likely read some things and heard all kinds of advice, but nobody else has ever parented your child. In our infant classes you'll spend time connecting with other parents going through many of the same things. We'll talk about infant development, eating, sleeping, parent/child attachment, self-care and other topics unique to you and your infant. Whether this is your first or your fifth, you'll find yourself amongst friends. (Please inquire if the "sessions" listed do not completely coincide with your maternity leave. You are welcome to join class around your maternity leave and as space allows.) (Non-Separating - you and your child stay together for the entire class)

Mondays

SPRING SESSION	No fee
Apr 10 - May 15	
10:00 - 10:45 AM	
REAMS ECFE Room 213	6 classes



Parent Support Coach

Are you searching for resources or have questions about parenting? Are you needing support on your parenting journey, or guidance in developing parenting strategies? Our friendly, welcoming and knowledgeable licensed parent educator is available for in-person or virtual meetings. To request a meeting, please contact our early childhood programs coordinator at 763-477-7500 or by email at reinhardt@rockford.k12.mn.us. You can also register in Eleyo at www.rockford.ce.eleyo.

Play 'N Learn Together

Mixed ages Birth to 5 years

This mixed-age class is perfect for those looking for parent conversation and discussion in a relaxed and informal atmosphere while their child is playing, learning and hanging out with other kid-friends. This is a non-separating class where you'll spend the entire time in the early childhood classroom.

Tuesday Evenings

SPRING SESSION	\$35/family
Apr 11 - May 16	
6:00 - 7:00 PM	
REAMS ECFE Room 213	6 classes

Screening Appointments

State law requires all children to participate in **Early Childhood Health & Development Screening** before they may enter public kindergarten. Identifying possible concerns early is the best way to prevent serious problems later. The ideal time to screen children is at age 3 to 4. Early Childhood Screening provides an opportunity for parents to discuss and find out about resources in the school and community.

The Screening Process

Screening includes a health history, immunization assessment, height and weight assessment, interview with parents and screening in the following areas:

- Hearing & vision
- Speech & development
- Fine & gross motor skills
- Social-emotional

Make your appointment by calling 763-477-7500

Appointments are needed and letters are sent to families with age-eligible children. If you have a child in this age group and do not receive a letter, please call the Early Childhood Programs office, 763-477-7500.

Parent/Child Separating Classes

Play 'N Learn

Mixed ages Birth to 5 years

These mixed-ages classes are for everyone! During these classes, you'll spend time with your child in the early childhood classroom before separating for the parent/caregiver discussion. While you're gone, your child will enjoy time playing and learning with an Early Childhood teacher and other kid-friends. This is a great opportunity for parents and caregivers to connect and support each other and for children to learn and grow with other children and apart from their adults.

Mondays

SPRING SESSION	\$47/1 child
Apr 10 - May 15	\$60/2 children
8:00 - 9:30 AM	\$73/3 children
REAMS ECFE Room 213	6 classes

Tuesdays

SPRING SESSION	\$47/1 child
Apr 11 - May 16	\$60/2 children
9:00 - 10:30 AM	\$73/3 children
REAMS ECFE Room 213	6 classes

SUMMER SESSION	\$47/1 child
May 23 - June 27	\$60/2 children
9:00 - 10:30 AM	\$73/3 children
REAMS ECFE Room 213	6 classes

Almost Ready for Preschool

Ages 2.5 to 4.5 years

This class is the perfect combination of ECFE and a practice preschool experience. One morning a week (Wednesdays) you'll spend time with your child in the early childhood classroom before leaving to have a parent/caregiver-only discussion with our Parent Educator, and the other parents/caregivers. During the parenting time you'll talk about school readiness, behavior, friends, discipline, child development and other topics chosen by you as parents, while your child plays and learns in a classroom of peers led by an Early Childhood teacher. The second day of class (Fridays) is just for the kids! You'll drop your child off in the Early Childhood room and pick them up at 10:00 am for a brief together time and good-byes. What a great way to practice separating from adults and navigating a room full of new friends.

Wednesdays & Fridays

SPRING SESSION	\$101/child
Apr 12 - May 19 No class Apr 15	
8:15 - 10:15 AM	
REAMS ECFE Room 213	12 classes



The Launching Pad Preschool

Ages 3 to 5 years

The Launching Pad Preschool provides an outstanding and unique public preschool experience for your child. We embrace a Reggio Emilia-inspired philosophy and Creative Curriculum. The Reggio-inspired approach encourages exploration, discovery and critical thinking. Our Creative Curriculum is research based, and aligned with the Minnesota Early Childhood Indicators of Progress (ECIPs).

Our program is founded on the belief that all children have great potential, are curious, and are interested in constructing their learning. Learning activities are exciting, creative, and developmentally appropriate. We focus on some of these key elements that encourage children's growth and learning:

Project-based learning:

Stresses individual and small group investigation of topics that are of interest to the children. Teachers integrate skills acquisition within the project work.

Inquiry-based learning:

Emphasizes thinking and problem solving, and is a natural progression for students as they move into kindergarten and the primary grades.

Authentic Art:

Helps children find expression through authentic art experiences and have the opportunity to explore materials and processes.

Launching Pad Preschool offers:

Full Day Programs: 2 or 3 or 5 days per week

Half Day Programs: 2, 3 or 5 days per week

Please call us at 763-477-7500, or visit us at www.rockford.k12.mn.us. Scroll over Community and select Early Childhood Programs for more information, including busing and tuition schedules.

**2023-24
Preschool
Registration
- IS OPEN! -**

Galaxy Kids Extended Preschool Care

Galaxy Kids offers a care program for all preschool age children who are enrolled in Launching Pad Preschool or Preschool programs within the Rockford Area School District.

The program is designed to both enhance and reinforce your child's education and social experiences to help prepare them for kindergarten. Preschool Extended Care has a 1 to 10 adult to student ratio.

To register: Please call us at 763-477-7500, or visit us at www.rockford.k12.mn.us. Scroll over Community and select Galaxy Kids - School Age Care

Consistent Schedule Rates:

Preschool Half-Day Care AM 8:05 am - 12:15 pm	\$15.50/day
Preschool Half-Day Care PM 10:45 am - 3:00 pm	\$15.50/day
Preschool School Day Care 8:05 am - 3:00 pm	\$25.75/day

For additional care options, including flexible schedule and drop-in rates, call 763-477-7555.

ECFE Class & Event Registration

Procedures

Children are our future. We value humanity, the strength of families and celebrate differences and we are committed to promoting the value of families in our society. To accomplish our goals in the fairest way possible, we must adhere to the following procedures:

Missed Classes

Call the ECFE office at 763-477-7500 when you are unable to attend class.

Behavior

Staff will immediately respond to children engaged in unsafe play whether or not a parent is present. Staff will assist parents with appropriate guidance when necessary.

Health Procedures

We have a designated area to put all toys that come into contact with a child's mouth; these are sterilized daily. A child who has a fever of 100 degrees or more, or has vomited within the past 24 hours should not attend classes. Children should be kept home if they exhibit a sore throat, diarrhea, thick mucous from the nose, undiagnosed rash, inflamed or mattery eyes, infected sores, or persistent itching of body or scalp. If a child comes to school with these conditions, we will request the parent and child to leave and return when symptoms have disappeared.

Weather Related School Closings

When school is cancelled due to weather or other emergencies, ECFE classes and trips are also cancelled. When school has a late start, morning ECFE classes will be cancelled. Please listen to WCCO 830 or KRWC 1360 radio, KARE 11 or WCCO 4 TV, or check the Rockford Area Schools website for late start or closing information.

Our classes are affordable to all

Class fees are based on a sliding fee schedule according to income and family size. No family who meets scholarship requirements will be turned away for inability to pay, dependent on availability of class enrollment openings. Family fee applies to members of immediate family only.

Sliding Fee Scale	Annual income equal to or less than:	Annual income between	Annual income between	Annual income between	Annual income equal to or greater than
Family Size					
1	\$17,677	\$17678-20385	\$20386-23782	\$23783-27180	\$27,181
2	\$23,803	\$23804-27465	\$27466-32042	\$32043-36620	\$36,621
3	\$29,939	\$29940-34545	\$34546-40302	\$40303-46060	\$46,061
4	\$36,075	\$36076-41625	\$41626-48562	\$48563-55500	\$55,501
5	\$42,211	\$42212-48705	\$48706-56822	\$56823-64940	\$64,941
6	\$48,347	\$48348-55785	\$55786-65082	\$65083-74380	\$74,381
7	\$54,483	\$54484-62865	\$62866-73342	\$73343-83820	\$83,821
8	\$60,619	\$60620-69945	\$69946-81602	\$81603-93260	\$93,261
9	\$66,755	\$66756-77025	\$77026-89862	\$89863-102700	\$102,701
PAYMENT DUE	No Fee	1/4 Class Fee	1/2 Class Fee	3/4 Class Fee	Full Class Fee
Each additional member, add \$4720.00					

SLIDING FEE APPLICATION REQUIRED.

Application can be found at www.rockford.k12.mn.us/community/early-childhood-programs; click ECFE icon. Download and return completed form with your registration or call 763-477-7500.

Ways to Register

Submit your registration form and payment:

ONLINE www.rockford.ce.eleyo.com

A current immunization form is required to complete registration.

MAIL Submit your completed registration form, immunization form and payment (make checks payable to ECFE):

ECFE
7650 County Road 50
Rockford, MN 55373

PHONE 763-477-7500, Fax 763-477-5025

Cancellations and Refunds

If you need to cancel your registration and it is five or more days prior to the beginning of class, you will be refunded the fee minus a \$5 processing fee.

You will be notified ONLY if a class has been cancelled.

Immunization Records

As required by state law, updated immunization records **MUST** be provided for all children. You must submit an updated immunization form when registering for ECFE classes. This form will be kept on file for the school year. Please bring in or have your child's clinic fax immunization records to 763-477-5025 (Attn: ECFE).

Age Designation Some classes are designated for a specific age group. Parents may not bring younger or older children to these classes unless they have made arrangements with us for sibling care. Infants (6 months and younger) are the exception; they can attend if they remain with the parent during parent discussion time, excluding gym class.

Nondiscrimination

Federal and state laws prohibit discrimination in education based on sex/gender, sexual orientation, race, color, creed, national origin, religion, disability, receipt of public assistance, marital status and age.

ECFE Registration

ADULT CONTACT INFORMATION

Name _____

Address _____

City _____ Zip _____

Home Phone _____

Cell Phone _____

Email _____

PARTICIPATION INFORMATION

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

First Name	
Middle Name	
Last Name	
Date of Birth	
Class/Event #	
Class/Event Name	
Fee	\$

PAYMENT INFORMATION

TOTAL	\$
Check #	

Mail to:

ECFE, 7650 County Road 50, Rockford, MN 55373

AGREEMENT

I have read and agree to all ECFE policies.

Parent/Guardian Signature



Kidcreate Studio

Specializing in children's art classes, camps and art themed birthday parties, Kidcreate Studio is an art studio just for kids. At Kidcreate, your child will create fridge-worthy masterpieces, learn art concepts, and experiment with many different art materials.

KidzArt

KidzArt is a drawing based program providing a fun, unique, and confidence-building creative art experience. KidzArt provides students with a non competitive environment with creative activities that promote problem solving. We offer art classes, camps, workshops, birthday parties and more!

Art

Canvas Fun: Lovely Llama

Grades K-4 (2023 fall grade)

Grab your friend and join us for a fun one-day painting workshop. Everyone will get their own 9x12 stretched canvas to paint a fun and festive llama with acrylic paints. Instructor: KidzArt

1 Class	\$17
Tuesday, May 9	
3:00 - 4:00 PM	REAMS Room 300

Oopsy Goopsy Messy Fun Art

Grades 1-5 (2023 fall grade)

Grab your friends and get ready for a messy good time. We get our hands dirty as we explore and play with paint, clay, Paper-Mache, and simply sloppy supplies. Paint a seahorse on canvas, decorate a trinket box with Sculpey Clay, make tie-dye, and more. Dress for mess and artistic success! Instructor: KidzArt

4 Day Camp - Mon - Thurs	\$127
July 17-20	
9:00 - 11:30 AM	REAMS Room 300

Mirabel's World

Ages 4-9 (2023 fall grade)

Do you wish you were a part of the Madrigal family? Here's your chance to discover your own magical powers! In this truly enchanted camp, we'll paint, sculpt with air-dry clay, and even sing along to some of your favorite tunes while creating dazzling clay butterflies, magical bedroom doors, Colombian rainforest creatures and so much more. Come join Mirabel, Isabella, Antonio and the rest of the Madrigals as you explore the enchanted side of creativity! Please pack a nut free snack and drink for your child each day. Instructor: Kidcreate Studio

2 Day Camp - Mon/Tue	\$105
June 26 and 27	
9:00 AM - Noon	RCC Room 806

Nailed It!

Ages 5-12 (2023 fall grade)

Calling all creative kids! This is the perfect camp to hone both your artistic side and your puzzle-solving skills. Just like on the popular TV show Nailed It!, we will show you a final product and give you all the goods needed to recreate it. The rest is up to you! Your challenges will include creating a unicorn cake sculpture that looks good enough to eat, painting a fox at sunset, a llama with a flower crown, and so much more. We can't wait to see if you can nail it! This is Nailed It!, Kidcreate-style, so instead of baking, we'll be sculpting, painting, collaging, and more! Please pack a nut free snack and drink for your child each day. Instructor: Kidcreate Studio

2 Day Camp - Mon/Tue	\$105
June 26 and 27	
1:00 - 4:00 PM	RCC Room 806

Messes & Masterpieces

Ages 5-12 (2023 fall grade)

What's one thing all great artists have in common? They make a mess, of course! In this camp, we'll create stunning masterpieces while using some of the coolest, messiest art techniques ever. From Frida Kahlo, Picasso, Salvador Dali and more, each messy masterpiece will be inspired by a different master artist. Kids, you better roll up your sleeves, because no masterpiece was ever made without first making a mess! Please pack a nut free snack and drink for your child each day.

Instructor: Kidcreate Studio

2 Day Camp - Tue/Wed	\$105
July 25 and 26	
9:00 AM - Noon	RCC Room 806

Pajama Jam

Ages 4-9 (2023 fall grade)

Painting in your pajamas? Sculpting in your slippers? Why not?? In this camp, we'll create a colorful ring toss game, sculpt a seaworthy ship, make a 3D bug, and so much more, and just for fun, we'll do it all while wearing our pajamas! You wear your favorite jammies, and we'll take care of the rest- it's a Pajama Jam! Please pack a nut free snack and drink for your child each day.

Instructor: Kidcreate Studio

2 Day Camp - Tue/Wed	\$105
July 25 and 26	
1:00 - 4:00 PM	RCC Room 806

End of Summer Bash

Ages 4-9 (2023 fall grade)

The end of summer is just around the corner, so let's go out with a bang! We'll celebrate all things summer as we sculpt summary treats, create tropical works of art and more; we'll even make a beach scene out of real candy! This camp is one awesome artsy party you don't want to miss. Please pack a nut free snack and drink for your child each day. Instructor: Kidcreate Studio

2 Day Camp - Wed/Thu	\$105
August 16 and 17	
9:00 AM - Noon	RCC Room 806

Smart Art

Ages 5-12 (2023 fall grade)

Art is smart, and this camp proves it! During this camp we'll explore S.T.E.A.M. (Science-Technology-Engineering-Art-Math) concepts in creative ways, resulting in fridge-worthy masterpieces, tons of experiential learning, and loads of messy fun. We'll design our own mini playgrounds, learn about M.C. Escher and Picasso, make our own lava lamps, and more. This is no ordinary S.T.E.M. camp! Please pack a nut free snack and drink for your child each day.

Instructor: Kidcreate Studio

2 Day Camp - Wed/Thu	\$105
August 16 and 17	
1:00 - 4:00 PM	RCC Room 806



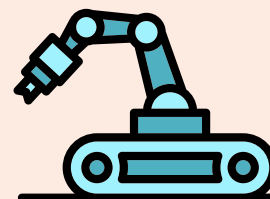
Coming Soon!

Summer Robotics

Classes for Youth

Robotics classes keep kids engaged with hands-on, experiential based activities. Classes will be lead by the Rockford Robotics High School Team.

More details coming soon!



Sports & Recreation

Boys Basketball Breakfast Club

Entering Grades 7-12 (2023 fall grade)

This small group, position-specific skill training is a great opportunity this summer for the H.S. Basketball Player! Led by Head Boys Basketball Coach Michael Tauber

Dates and times coming soon!

Boys Basketball Camp

Grades 3-10 (2023 fall grade)

Come join the Rockford Boys Basketball coaches and players to share their secrets to success in this fun and informative basketball camp for grades 3-10. Awards, t-shirts, and prizes included. Camp will be split into two groups divided by ages and will stress fundamentals of basketball. Please make sure to sign up at least 3 days before in order to receive a t-shirt.

4 Day Camp, Mon - Thu	\$85
June 12 - 15	
Grades 3-5, 8:00 - 10:30 AM	
Grades 6-7, 10:30 AM - 1:00 PM	
Grades 8-10, 1:00 - 3:30 PM	RHS Gym

Girls Basketball Camp

Grades 3-10 (2023 fall grade)

Come join the Rockford Coaches and players for an exciting week of camp that will teach fundamentals and skills of the game in a fun and energetic environment! Players will receive a t-shirt and skills that will help put Rockford basketball on the map!

Dates and times coming soon!

Football Skills and Drills

Grades 7-12 (2023 fall grade)

Come learn valuable skills, technique, and tactics that will prepare you for your season. In order to be the best, you need to train like the best! Coaches will work on individual skills and team tactics to prepare players for the upcoming season!

Mon / Wed	\$84
June 12 - July 26 (no class July 4th week)	
Grades 7-9 10:30 AM - Noon	Rocket Stadium
Grades 10-12 9:00 - 10:30 AM	Rocket Stadium

Volleyball Camp

Grades 3-8 (Co-ed) (2023 fall grade)

Join our Volleyball coaches and players for an exciting 4 day camp! Players will learn skills, technique, terminology, and strategy, all while having a blast at this awesome camp! Participants will each receive a t-shirt and go home with valuable skills and knowledge to excel them to the next level!

4 Day Camp, Mon - Thu	\$60
June 12 - 15	
9:00 - 11:00 AM	REAMS Gym

Volleyball Skills and Drills

Grades 7-12 (Co-ed) (2023 fall grade)

Come learn valuable skills, technique, and tactics that will prepare you for your season. This camp will work on individual skills as well as team skills. In order to be the best, you need to train like the best!

Tues / Thurs	\$70
June 19 - July 27 (no class July 4th week)	
9:00 - 11:00 AM	RCC/RHS Gym

Youth Wrestling Camp

PreK-Grade 6 (2023 fall grade)

Boys and Girls of all skill levels are invited to a 4-day camp to work with Wrestling Coaches on technique, mat strategy, conditioning and wrestling games. Wrestlers will receive a t-shirt and awards on Thursday. We hope to see you for a week of fun on the mat.

4 Day Camp, Mon - Thurs	\$82
August 7-10	
9:00 - Noon	RHS Gym

NEW!

RACER Summer Soccer League

PreK – Grade 5 (2023 fall grade)

Players have fun learning skills, refining techniques and playing games. Each day will have a skills based theme, 20-30 minutes of fun drills to practice the skill, and 15-30 minutes of small sided games. The summer soccer league is conducted at the RHS Soccer Fields. T-shirt included. Players must play within their age group (based on fall 2023 grade level).

PreK / Kindergarten	\$49
Mon/Wed	
July 6 – August 1	RHS Soccer Fields
5:35 - 6:20 PM	

Grade 1 / Grade 2	\$57
Mon/Wed	
July 6 – August 1	RHS Soccer Fields
6:30 - 7:30 PM	

Grade 3 / Grade 4 / Grade 5	\$62
Mon/Wed	
July 6 – August 1	RHS Soccer Fields
6:45 - 8:00 PM	

MS/HS Soccer Tryout Prep

Grade 6-12 (Co-ed) (2023 fall grade)

Open to 6th-12th grade in any school district

4 Day Camp, M-Th	\$100
July 24 - 27	
6:00 - 8:00 PM	RHS Turf Field

Soccer

Grades 4-12 (Co-ed)

(2023 fall grade)

Open to 6th-12th grade in any school district

Goalkeeper Skills & Drills

Mondays and Saturdays	\$120
July 17, 24, 31 at 4:30 - 5:45 PM	
July 22, 29 at 8:30 - 10:00 AM	RHS Turf Field

Finishing, Shots, Free Kicks, and Corner Kicks

(adding technique and power)

Mondays and Saturdays	\$120
July 17, 24, 31 at 4:30 - 5:45 PM	
July 22, 29 at 8:30 - 10:00 AM	RHS Turf Field

Basic Technique and Skills

4 Day Camp, M-Th	\$80
July 17-20	
6:00 - 7:00 PM	RHS Turf Field

Intermediate & Advanced Technique, Skills, including Soccer Based Agility

4 Day Camp, M-Th	\$85
July 17-20	
7:00 - 8:30 PM	RHS Turf Field



Sports & Recreation

Track & Field Day

Grades K-6 (2023 fall grade)

Rocket Track and Field coaches and athletes will provide instruction on track and field skills. This will give future rocket athletes opportunities to learn new skills, have fun, and compete in a mini meet where they can win prizes! Awards, t-shirts, and watermelon will make this a great day! (Please note that in order to receive a t-shirt, you must be signed up by 3pm on Friday, May 6th. Any registrations after that will not receive a t-shirt due to the processing time to order and make.

Saturday	\$44
May 13	
11:00 AM - 2:00 PM	RHS Track

Summer Track League

Grades K-6 (2023 fall grade)

The Rockford High School Track and Field Coaches are offering track meet events for K-6 boys and girls. Students will be divided by age group, with the youngsters starting first. Ribbons will be awarded to the 1st six placers. Participants need to bring running shoes and a water bottle. All participants registered by June 1st will receive a track T-shirt on the first day of the program. Events will be coordinated by RHS Track and Field Coaches, Assistant Coaches and volunteer high school track students. Parents are expected to stay for the entire event to supervise their children.

Wednesdays	\$55
June 7, 14, 21, 28	
6:00 - 7:45 PM	RHS Track

Dance Camp!

Grades K-2 (2023 fall grade)

Join us for dancing fun as we enjoy music, dancing and crafting! Ballet or jazz shoes and dance attire preferred but not required. Bring a nut-free snack and water bottle each day. Family and friends are invited to watch a brief performance 1:30 pm on the last day of camp! NOTE: Children must be independent bathroom users!

Monday - Thursday	\$55
July 17 - 20	
12:00 - 2:00 PM	RCC Dance Studio

Jazz Dance Camp!

Grades 3-6 (2023 fall grade)

Dance Camp; We will be learning beginning/ Intermediate Jazz technique and dance skills as well as a short routine incorporating these skills. Wear comfortable clothes you can move in and dance shoes (Jazz shoes, ballet shoes or socks if needed). Bring a nut-free snack and water bottle each day. Family and friends are invited to watch our brief performance 1:30pm on the last day of camp!

Monday - Thursday	\$55
July 31 - August 3	
12:00 - 2:00 PM	RCC Dance Studio

Jazz Technique & Skills

Grades 7-12 (2023 fall grade)

Join us to work your core, flexibility and sharpen your skills to become a better dancer. We will work on various turns and leaps as well as connected movement through combinations across the floor. We will learn multiple short routines filled with jazz Choreography to put the skills learned in class to use!

T/TH	\$70
June: 20, 22, 27, 29 July: 11, 13, 18, 20, 25, 27 August: 1, 3	
9:00 - 11:00 AM	RCC Dance Studio



Coming Soon!

Rocket Power

Grades 7-12 (2023 fall grade)

Our Rocket Power strength and conditioning is in the process of being revamped! Please keep an eye out in your emails for a new name, design, and fitness goal delivery!

Rocket Gymnastics Club

The gymnastics gym is a popular place to be this summer! We offer a variety of classes for beginner to advanced levels.

Information about the Summer Session can be found on our website:

<https://www.rockford.k12.mn.us/Page/2272>

Club Location:

6051 Ash Street, Rockford, MN 55373
Enter Activity Door #5

More information

Rocket Gymnastic Club:
763-477-7535

Gymnastics Coordinator, Averi Shrode:
Shrodea@rockford.k12.mn.us



Classroom Driver Education

Classroom Driver Education

We are offering Classroom Driver Education to Rockford and surrounding areas for the low price of \$130. This class will prepare students for the instructional permit test and fulfills the 30 hours of classroom training required by the state of Minnesota to operate a motor vehicle (not including Behind the Wheel time).

Included in our classroom portion is a Safe Communities night (Parent & Student Class). This night informs participants about dangerous conditions that exist on our roads, inattentive driving, drinking, drugs, police stops and more. Students will take a practice test on the last day of class.

****Please note** - the fees below apply to classroom training ONLY. Behind the wheel lessons are a separate fee paid to the company of your choice.*

Session 1a (June)	
10 Days of Class, M-F	\$130
June 8 - 21	
June 8 (Thursday) 11:30 AM - 2:30 PM	
June 9 - 21, 8:00 - 11:00 AM	RHS Room 406

Session 1b (June)	
10 Days of Class, M-F	\$130
June 12 - 23	
8:00 - 11:00 AM	
	RHS Room 406

Session 2 (July)	
10 Days of Class, M-F	\$130
July 10 - 21	
8:00 - 11:00 AM	
	RHS Room 406

Parent & Student Class	
SESSIONS: 2 Options	\$0 with session
DATES: TBD	
TIME: 6:30 - 8:00 PM	
PLACE: RCC Room 805	

Behind the Wheel

A+ Driving School

There are many choices for your Behind the Wheel driving experience, but with Rockford's partnership with A+ driving school you can stay in your own "backyard". A+ will pick up your student from either the high school or your home and drop them off at either place as well. They also have a representative at the RCC at the end of each classroom session where you can register for lessons and get your blue card.

To register and pay for Behind the Wheel:
visit www.aplusdrivingschool.net

About Blue Cards

(what you need to get your permit)

Please note that this class only fills the classroom portion of drivers ed. In order to get a permit, students must be signed up with a behind the wheel company. The behind the wheel company, not Rockford, will issue your blue card.

Galaxy Kids Summer Program

June 12 - August 25

Galaxy Kids offers a summer care program for students going into preschool through 6th grade. The summer care program provides a variety of structured activities in a fun and safe learning environment. Galaxy Kids offers a choice-based program, offering opportunities in the areas of art and drama, music, sports, science, math, engineering and technology, language arts/literacy, mentoring and community services, and self-guided activities. Galaxy Kids is certified through the Department of Human Services.



Summer 2023

Summer Program Highlights

- Flexible schedules and open 6:00am-6:00pm every week day
- Galaxy Closed July 3rd-7th for program maintenance and closed August 28th-September 1st for School Year prep
- Enrichment Programs
- Interest Groups
- Volunteer and Community Service Opportunities
- Yard and Field Games
- Water Day
- Field Trips
- Galaxy Kid's staff can bring your child to most Community Ed. programs, camps, or classes, located at REAMS, RCC, or High School, while your child is at Galaxy, and pick them up when it's over!



Galaxy Kids Location

**Rockford Elementary
Arts Magnet School**

7650 County Road 50, Rockford, MN 55373

Call: 763-477-7555

Email: galaxy@rockford.k12.mn.us



Summer Registration Information

- More information and our Parent Handbook are available at: <https://www.rockford.k12.mn.us/community/galaxy-kids-school-age-childcare>
- Register at: <https://rockford.ce.eleyo.com/> and click on Galaxy Kids Program and follow the prompts
- Registration window is April 1st-May 15th to guarantee your child's spot
- Auto-Pay is required for all Galaxy Accounts
- Registration options include Full day and Half day care
- Weekly Rate available for full day care scheduled Monday-Friday every week.
- Summer Registration Fees: \$40 per child or \$75 max per family
- Contact Galaxy staff at 763-477-7555 if you have any questions or would like to schedule a tour

Galaxy Kids 2023-24 School Year Program

Starting September 5

Galaxy Kids is a certified before and after school child care program for preschool-6th grade students offered through Rockford Area Schools Community Education. We are conveniently located in Rockford Elementary Arts Magnet School right across the hall from ECFE and the preschool classrooms. We are open Monday-Friday from 6:00am-6:00pm to assist with family child care needs. We have many different registration options that are sure to accommodate most families' busy schedules. If you are looking for child care before, during, or after school, then this may be the program for you.

Program Highlights

Our program is a choice-based program where students get the chance to immerse themselves into many different activities, including art, science, math, STEM, drama, music, sports, engineering and technology, language arts/literacy, mentoring and community services, homework assistance, and self-guided activities. At Galaxy, we strive to promote positive behavior, social skills, and friendships while encouraging self-expression, creativity, and leadership amongst the students. Each and every day is a new adventure for students participating in Galaxy.

Galaxy Kids staff are well-trained and knowledgeable individuals that strive to engage and entertain every student that is part of the program. We are professionals that strive to provide a high-quality program that not only meets the expectations of parents, but also is a program students enjoy being a part of. We come to work each and every day to put a smile on students' faces and try to engage all that are part of the program.

Program Services

- Before and after school care for preschool-6th grade
- Extended day care and AM or PM 1/2 day care for preschool students
- Consistent, pick your days, or drop-in schedule options
- Full day care on most non-school days and extended morning care on late start days
- Drop-off and pick-up assistance for community education programs and classes during after school program
- 1 hour or less rates for before and after school care

Pick Up and Drop Off Information

Preschool students are welcome to use the district's bus service for drop-off and pick-up for our preschool care options. Non-school days require parent drop-off and pick-up. You may drop-off and pick-up your child during the following time slots, based on which care option you're registered for:

Before School Care Full Session	6:00 - 8:05am
Before School 1 hour or less	7:00 - 8:05am
Preschool Half Day Care AM	8:05am - 12:15pm
Preschool School Day Care	8:05am - 3:00pm
Preschool Half Day Care PM	10:45am - 3:00pm
After School Care 1 hour or less	3:00 - 4:00pm
After School Care Full Session	3:00 - 6:00pm
Non-School Days	6:00am - 6:00pm

School Year Registration Information

- More information and our Parent Handbook are available at: <https://www.rockford.k12.mn.us/community/galaxy-kids-school-age-childcare>
- Register at: <https://rockford.ce.eleyo.com/> and click on Galaxy Kids Program and follow the prompts
- Registration window is April 1st-July 31st to guarantee your child's spot
- Auto-Pay is required for all Galaxy Accounts
- School Year Registration Fees: \$40 per child or \$75 max per family
- Contact Galaxy staff at 763-477-7555 if you have any questions or would like to schedule a tour

> Adults/Seniors



Senior Citizens Clubs

Rockford

The Rockford Area Seniors meet the 2nd Monday of each month at different locations. Attend and find out more information about activities or call Marilyn Blake (763) 331-5896. Membership is \$10 per year.

Rockford Township

Judith Saewert, 763-972-2887
1st Thursday of each month at
Rockford Township Hall

Corcoran

Bill Grabski, 763-422-4818
1st Monday of each month at
Corcoran City Hall

Hanover

Elizabeth Loeffler, 763-241-0094
1st Tuesday of each month at
Hanover City Hall

Delano

763-972-0574, 234 2nd Street N, Delano

Adult Enrichment

Rentable Community Garden Beds

NEW!! Rockford Area Schools Will be opening rentable community garden beds in conjunction with RAS Community Education. This is being offered so that community members have accessible garden space right in town! Registration for a bed will begin on Saturday April 15th and continue until full on a first come first serve basis. We are offering up 14 beds that measure 4x8 and will be located next to the Middle School greenhouse for the seasonal price of just \$35! This is an exciting opportunity for our community! Bed registration can be found on our community education site at <https://www.rockford.k12.mn.us/community/community-education> or by calling 763-477-4563.

Easy Partner Dancing

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next special event, or attend as a way to have 4 fun date nights with your partner. Try something new to add laughter & romance into your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more. If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles. Casual dress

Thursdays	\$65
July 13, 20, 27, Aug. 3, 2023	
Parkside Elementary 207 Third St. NE, Buffalo, MN 55313	

55+ Driver Improvement Program

The Minnesota Highway Safety Center offers 55+ Driver Improvement Courses to help adults brush up on driver safety. Confidence and comfort are enhanced by utilizing the most up-to-date research in the field, including the latest visual scanning and steering techniques, anti-lock braking skills, road rage, traffic laws and vehicle technology.

Register and pay directly with the Minnesota Highway Safety Center at 1-888-234-1294.

Visit www.DRIVERDISCOUNTPROGRAM.COM for more information and other sites. Persons age 55 and older who complete the course will qualify for a 10% discount on auto insurance premiums for three years.

4 hour refresher: June 15 and September 28

Medicare 101

This class will help you navigate Medicare enrollment decisions as you approach age 65, and/or as you contemplate retirement. We will answer questions including:

- What is Original Medicare?
- When should I enroll, and how?
- How can I avoid late enrollment premium penalties?
- What other health care coverage decisions will I face?
- What about all those extra benefits I see on TV?

Join us and we will help simplify this often-overwhelming process. Presenters Natalie McClory and Becca Luebbbers are licensed insurance agents who specialize in Medicare.

Tuesdays at 6:00 PM	Free for Seniors 55+
May 23, June 27, July 18, August 22, September 26	
RCC Room 804	

Sweet and Salty Bingo

Do you love Treats and Bingo? Then come join us on the listed Wednesdays for both! Come to socialize, enjoy some treats, and get ready to call out "BINGO"! Treats and bottled water will be served.

Mondays 6:30 - 7:30 PM	Free for Seniors 55+
May 15, June 12, July 17, and August 21	
RCC Meeting Rooms	

Senior Walk and Talk!

Come join a group of seniors for a social gathering that includes walking, stretching, and band strength training. This is an informal group that meets twice a week at the community center for laughs, conversation, and fitness. Must have a at least a walking pass (free for seniors 62+).

Tuesdays and Thursdays	call 763-477-5294 for details.
11:00 AM	
RCC	

Free Walking Passes for Senior Citizens!

Visit the RCC for more information at
7600 Co. Rd. 50, Rockford, MN
or call 763-477-5294 for details.

Outdoor Pickleball

Join other pickleball enthusiasts of all levels for group play! We have set two days and times for our 4 pickleball courts (the back four tennis courts behind the Elementary school have pickleball lines!!) to be designated for open pickleball league, just like we have in the winter! June 1st-Aug. 15th. (Please note that you must first come to the RCC to fill out a waiver before using the courts)

Wednesday 6pm - dark	Free
Saturdays 9am-12pm	
Tennis Courts	

Men's Open Basketball

Must be 18 to join. Adult men's basketball league. Come play pickup basketball on Wednesday nights and Saturday mornings! Runs July 1 - December 31.

Wednesday Evenings: 6:00 - 8:00 PM	\$25
Saturday Mornings: 8:00 - 10:00 AM	
RHS Gym	

Personal Training Sessions

Rockford Community Center offers professional and quality Personal Training at an excellent price! Contact us today for more information! (Please note that you must be a community center member in order to have training sessions.)

Megan Leipholtz

Certified Personal Trainer and
Group Fitness Instructor

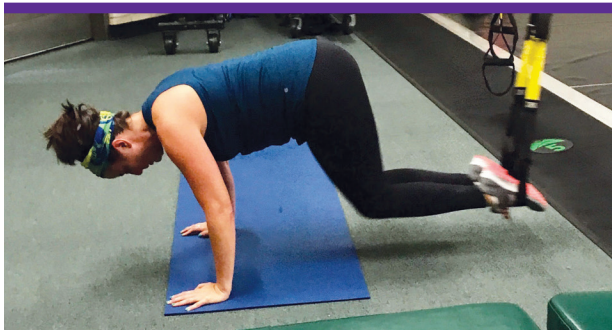
Olimpia Escamilla

ACSM Certified Personal Trainer. 10 Years of Experience. (CPR, Weight Training for Older Adults, Group Training, and AIS & PNF Stretching Certifications).

1 HOUR PERSONAL TRAINING SESSIONS	
Single Person	\$45
Two People	\$75
3 People	\$90

PERSONAL TRAINING PACKAGES	
5 Sessions (non-transferable)	\$200 (Savings of \$5 per session)

Community Center Classes



MegaFit

Join us for a strength-based class led by Instructor Megan Leipholtz. The focus of class is on building full body strength with an emphasis on the core and the posterior chain. Strength training is a primary weapon against aging related muscle loss. Join us to get MEGAFIT. Certified Fitness Instructor: Megan

M/W/F	Free for Members or \$5/guest
MON & WED at 9:00 - 9:50 AM	
FRIDAYS at 8:30 - 9:20 AM	
RCC	

POUND Fitness

Channel your inner rockstar with this full-body cardio jam session inspired by the infectious, sweat dripping fun of playing the drums. Using Ripstix®, lightly weighted exercise drumsticks, torch calories and drum your way to a leaner, slimmer physique – all while rocking out to your favorite music with our Pound Pro instructor, Shannon.

Wednesdays	Free for Members or \$5/guest
7:00 - 7:50 PM	
RCC Dance Studio	

POUND Unplugged

POUND Unplugged was inspired by the 3 pillars of health --> Physical, Mental & Emotional. Following the structure of 2 parts Rock and 1 part Reset we incorporate the Earth's elements to blend high intensity training with rhythmic breathing, mindfulness & meditation. We are able to sweat, release and boost the neurochemicals in the brain while quickly settling back into a peaceful, recharged and empowered state. Certified Pound Pro Instructor: Shannon.

Every other Saturday	Free for Members or \$5/guest
8:15 AM	
Call 763-477-5294 for monthly dates	
RCC Dance Studio	

Personal Training Sessions

Rockford Community Center offers professional and quality Personal Training at an excellent price! Contact us today for more information! (Please note that you must be a community center member in order to have training sessions.)

See page 19 for more information.

Prime Time Fitness

Join us for a variety of exercises that will work the whole body! Strength, Flexibility, Balance, Range of Motion, and Fun! This class is open to all who like a slower pace class, with a friendly, motivating atmosphere, but are still willing to work! We use free weights, fitness balls, resistance bands, body weight, and floor work to achieve a whole body workout! Each class is different and will keep you on your toes! Certified Trainer & Fitness Instructor: Olimpia

M/W/F	Free for Members or \$5/guest
7:30 - 8:20 AM	
RCC Room 801	

Senior Fitness

Join Seniors for a fitness class designed to increase endurance and muscular strength, stamina, coordination, balance, and flexibility. A selection of equipment such as bands and lightweight dumbbells, will be used to meet all capability levels. Work out at your own pace by standing or sitting on a chair, depending on your fitness level. Adults of all ages and fitness levels welcome. Certified Fitness Instructor: Allison

T/TH	Free for Members or \$5/guest
8:00 - 8:50 AM	
RCC Room 801	

Rockford Community Center is an authorized provider of:

One Pass™

SilverSneakers

Silver&Fit

Renew Active
by UnitedHealthcare

Strength Vinyasa Flow

Increase flexibility, core power, and strength with Power Yoga. This new class combines traditional yoga poses, breathing, and mindfulness with interval training and light weights. With Power Yoga, the goal is to start the day strong, sweaty, balanced, and relaxed. Come see for yourself! Certified Yoga Instructor: Allison

Tuesdays (classes end June 6)	Free for Members or \$5/guest
9:00 - 9:50 AM	
RCC Dance Studio	

TRX Suspension Training PLUS

This class utilizes the TRX suspension Trainer, Combined with other functional training tools to create an effective interval and circuit workout which is suitable to all fitness levels. Suspension training engages the entire body to improve balance, coordination, flexibility and strength. The first 10 minutes is dedicated to TRX adjustment, resistance options and correct movement pattern. This fun higher intensity, interval class offers all the movement enhancing benefits of TRX suspension Training and functional training methods. Certified TRX Fitness Instructor: Allison and Richard.

Tuesdays at 9:00 AM until June 6	Free for Members or \$5/guest
Thursdays at 12:00 PM until June 1	
T/TH at 7:00 - 7:50 AM starts June 8	
RCC Dance Studio	

Yoga

Create strength, flexibility, and balance through challenging yet calming yoga poses. A well rounded class for all ability levels that guarantees to leave you with less tension in the body and the mind. Please bring your own fitness mat or borrow one from the RCC. Certified Yoga Instructors: Allison, Rosie, and Ann.

T/TH at 5:30 - 6:20 PM	Free for Members or \$5/guest
Saturdays at 9:00 - 9:50 AM	
RCC Room 805-806	

Summer Boot Camp

A variety of drills with different workouts every time. Combining high-intensity activities with lighter activities like calisthenics (lunges, squats, push-ups, crunches, etc). We will also include the use of medicine balls, mats, skipping ropes, kettlebells, sleds, resistance bands, cones/markers, and steppers. Do you want to build your strength and aerobic endurance? Come to Boot Camp and test your limits! Certified Trainer and Fitness Instructor: Olimpia

M/W at 10:00 AM	Free for Members or \$5/guest
T/TH at 7:00 PM	
RCC Dance Studio	

Summer Yoga Sculpt

Increase flexibility, core power, and strength with Power Yoga. This new class combines traditional yoga poses, breathing, and mindfulness with interval training and light weights. With Power Yoga, the goal is to start the day strong, sweaty, balanced, and relaxed. Come see for yourself! Certified Yoga Instructor: Alison

T/TH (starting June 8)	Free for Members or \$5/guest
9:00 AM	
RCC Dance Studio	

Zumba

Zumba®, a Latin-Inspired Fitness Dance class is an exhilarating and easy-to-follow class that's moving millions of people toward joy and health. A total body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Certified Zumba® instructor: Rosemary.

T/TH at 6:30 PM until May 31	Free for Members or \$5/guest
Wednesdays at 6:00 - 7:00 PM starting June 7	
RCC Dance Studio	



Access to Rocket Power Center is only for Members and Day Pass Guests. Non-members can get a daily pass for \$5 or take a class for \$5 each

> Community Organizations



Community Organizations

Dollars for Scholars

Great River Regional Library

Music Partners

North Hennepin Pioneer Society

Northwest Area Jaycees

RiverWorks Community Development

Rocket Boosters

Rockford Area Athletic Association (RAAA)

Rockford Area Historical Society

Rockford Education Foundation

Rockford Fire Auxiliary

Rockford-Greenfield Area Chamber of Commerce

Rockford Lions Club

Rockford Ridge Riders Snowmobile Club

Star Lodge #62

Thousand Hearts Crow River Serve Day

Job Opportunities

Rockford Community Education

The Rockford Community Ed is looking for talented people to coach or instruct both youth and adults!

Current Positions:

- Summer Community Ed Tennis Instructors
- Gymnastics Coaches
- Adult Classes - Art or any other interest group

Rockford Area Schools

The Rockford Schools has opening for a variety of positions for the current and next school year.

Current Positions:

- SPED teachers
- English as a Second Language (ESL) teachers
- Elementary Playground Supervisor
- Safety/Lunch Room Supervisor
- Clerical Substitutes
- Paras

Search Jobs:

<https://www.applitrack.com/rockfordmn/onlineapp/>

4.0 Bus Service

School Bus Drivers are an important part of a student's education. The school day begins when the student boards the bus in the morning and it ends when the student disembarks the bus in the afternoon. The driver may be the first smile, or the first good morning, the student receives.

4.0 School Services is looking for anyone that strives to be a great driver. We are actively accepting applicants for the Rockford School District location. We provide paid training, pay for the required DOT physical, & licensing.

Stop in to take a drive on a bus and see if you are a good fit. Great opportunity for any paraprofessionals, retired individuals, and parents that want to support their children's education. 4.0 Companies & the Rockford District Transportation would love to have you as a driver!

Contact Joe Tulkki
Transportation Manager
joe@fourpointo.com
763-242-8999

Apply: <https://www.fourpointo.com/>

Community Events

Rockford Veterans Memorial Dedication and Flag Raising

April 22, 10am

Experience unforgettable pride as Old Glory and military branch flags rise for the first time at the Rockford Veterans Memorial. A patriotic program and ribbon cutting ceremony officially opens the memorial to the community.

Park at Riverside Park on Main St./CR 20. Designated parking and seating will be available for seniors and guests with disabilities.

Stay for refreshments at the park building.

Rockford Clean Up Day

May 6, 8am - Noon

Rockford City Clean Up Day is available to residents of Rockford. Items can be dropped off for a small fee at the Public Works Building. For a list of items and fees please contact city hall or visit our website. Volunteers are always appreciated and needed for this day. Please contact city hall to inquire at 763-477-6565.

Rockford Fire Pancake Breakfast

May 7, 7am - Noon

Come join us for our annual Fire Department (all you can eat) Pancake Breakfast! Free will donation.

Location: Rockford Fire Department, 6700 Main Street, Rockford

Thousand Hearts Serve Day

Saturday, May 20

Join us for another year of sharing love and faith by gathering and serving in our communities to address health, habitation and hunger!

- Diabetes A1C testing
- Elmwood Cemetery Clean Up
- Document Shredding
- Stork House Grounds Clean Up
- Lions Eyeglasses & Hearing Aid Collection
- Rockford & Greenfield Flowerpots
- Senior Lawn Clean Up
- Tech Dump
- and more!

Contact Annette Tryon at annettetryon@gmail.com

Memorial Day

May 29, 10am - 2pm

At 10:00am, the Memorial Day Parade starts at the Rockford Middle School and ends at the Elmwood Cemetery. Memorial plaques will be placed at Elmwood Cemetery to remember Rockford area residents who served our country or were instrumental in the development of our community.

The Ames-Florida-Stork House will be open for tours after the events.

Rockford All City Garage Sale

June 8, 9 and 10

Rockford All City Garage Sale! Contact City Hall to be added to the list 763-477-6565.

Rockford Movie in the Park

Friday, June 16

Enjoy a night out watching a movie at Rockford Riverside Park starting at dusk. Concessions available and film title to be determined at a later date.

Dan Duffy Orchestra

July 8, 5:30-8:00pm

The Dan Duffy Orchestra is an exciting group from Mankato, Minnesota performing swing and hot club music from the 20's on up to today.

\$25 Tickets:

includes live music and happy hour appetizers.

Location:

Huikko's Entertainment Center, 1207 MN 25, Buffalo

Rockford River Days

August 11, 12, and 13

Rockford River Days is a weekend of food, fun, family, and friends down at Riverside Park!

<https://rockfordriverdays.wixsite.com/rockfordriverdays>

Corcoran Country Daze

August 11-12

Join us for two days of live music and family fun at the Corcoran Lions Park.

<https://www.corcorancountrydaze.org/>

Library

Great River Regional Library - Rockford

8220 Cedar Street, Rockford
763-477-4216, www.griver.org

Library Hours:

Monday: 10:00am - 6:00pm
Tuesday: 2:00 - 7:00pm
Wednesday: 10:00am - 6:00pm
Thursday: 2:00 - 7:00pm
Friday: 2:00 - 6:00pm
Saturday: 10:00am - 1:00pm
Sunday: Closed

CHILDREN'S EVENTS

Lego Lab

Design, configure, and build! STEAM activities engage children in planned activities, or children can FREESTYLE and build whatever they dream of. For ages 6 to 12. Creations will be on display for one month, until the next Lego lab!
>> Thursdays, May 18, June 29, July 20 and August 10 4:00 to 5:00 p.m.

Homeschool Activity Time

Theresa will provide guided opportunities for kids to learn STEM activities, creative arts, and have some social time while parents meet up and chatter with their littler ones. For ages 6 and up. Registration required for activities.
>> Fridays, May 19, June 9, July 14 and Aug. 11 11:30 a.m. to 1:00 p.m.

Ice Cream Social

Kick off Summer with ice cream treats and sign up children and teens for the Summer Reading Program. For children and teens.
>> Wednesday, June 7, 3:00 - 6:00 p.m.

Tamra's Summer Storytime Extravaganza!

Families are invited to these engaging storytimes with art activities, music, reading and more. For ages 0 to 8. Sponsored by the Rockford Friends of the Library.
>> Wednesdays, June 21 & 28, July 5, 19 & 26, and August 2 & 16, 11:00 to 11:30 a.m.

FAMILY EVENTS

Paint Club

We've got the supplies. You've got the vision. Come paint in a relaxed setting with Tamra every month. Introductory techniques will be covered. Registration required. Limit 10. For ages 10 to adult. Sponsored by Rockford Friends of the Library.
>> Wednesdays, May 31, June 28, July 26, and August 30, 4:00 to 6:00 p.m.

Rockford High School Photography Show

Curated by Cynthia Miller, media and visual arts teacher. >> Month of May, During open hours.

MN Zoomobile at Rockford Farmer's Market

>> Friday, June 9, 4:00 to 6:00 p.m.

Music—Dolipops

Get ready to sing, dance and laugh with sisters Dolli and Pop! This is guaranteed to be a high energy, engaging, interactive show. For families. A Legacy event.
>> Friday, June 14, 10:30 a.m.

Reptile & Amphibian Zoo

>> Tuesday, June 20,
2:30 to 3:15 p.m. / 3:45 to 4:30 p.m.

Art- Find Your Voice

Work with paint and embroidery to design your own canvas bag that represents you. All supplies included in this mixed media class with Tamra. For ages 9 to adult. Limit 10. Registration required. Sponsored by Rockford Friends of the Library.
>> Wednesday, June 21, 4:00 to 6:00 p.m.

Musical Storytime

Special Guest musician Will Bjorndal joins Tamra in presenting a one of a kind storytime. For all ages.
>> Monday, June 26, 3:00 to 3:30 p.m.

Raptor Center with Eagles

>> Monday, July 3,
10:30 to 11:00 a.m. / 11:30 a.m. to Noon

Summer Reading Program

Encourage children and teens to read throughout the summer. For ages 0 to 12th grade. Complete reading slips, win fabulous prizes.
>> June 5 through August 5

Bruce The Bug Guy

>> Tuesday, August 15, 3:30 to 4:15 p.m.

Recreation

Wright County Soccer Summer Recreational Soccer

The Summer Rec Soccer season is focused on FUN and Development! Let us welcome you to either of the community-based soccer programs with Wright County Soccer Club. Both programs are open to anyone, so join us for another fun-filled soccer season! The season goes May 15 - June 30.

Sign up here: www.wrightcountysoccer.org

Buffalo Rec Soccer: at Bentfield Mills Park

- Mon/Wed: U8s & U13 Girls
- Tues/Thurs: U10s & U13 Boys
- Wed only: U4s a& U6 Boys
- Thurs only: U6 Girls

Time: 6:00-7:00pm or 7:15-8:15pm

Ages: U4-U13

Cost: \$110-\$120*

Tiger Rec Soccer: at Delano Elementary School

- Tuesdays: U4s Co-Ed, U6 & U8 Girls
- Thursdays: U6 & U8 Boys

Time: 6:30-7:30pm

Ages: U4-U8

Cost: \$80-\$90*

*Prices increase after March 31

Rockford Mountain Bike Team

The Rockford Composite youth mountain bike team is open to youth entering grades 6-12 for the 2023 school year. We are affiliated with the Minnesota Cycling Association which hosts several middle school and high school mountain bike races from late August through mid October. Riders have the option to compete in up to 5 of these races if they choose to. Racing however, is not a requirement to be a part of the team. We are a community based organization and accept student athletes from all surrounding towns (attending Rockford schools is not required in order to join). Interested riders can contact us at Rockfordmtb@gmail.com for more information and a link to sign up.

Practices are held typically on Monday and Thursday evenings from 6-7:30PM from July 24 to October 12

MCA league fee - \$100

Rockford Composite team dues - \$100

Team Jersey (optional) - \$65

Race fees for series (optional) - \$150

Rockford Composite youth mountain bike team is headed by coach Dan Barkeim, an accomplished racer on both road and mountain bikes. The team has an additional 11 coaches with a variety of backgrounds in both racing and recreational cycling. All have completed background checks and are credentialed through the Minnesota Cycling association. Some have completed extensive ongoing course curriculums to achieve their level 2 and 3 coaching certifications.



Rockford Crows Baseball Schedule

May 17th @ Buffalo

May 21st Home vs. Maple Lake

May 28th @ Waverly

June 2nd @ Howard Lake

June 4th Home vs. Delano

June 7th Home vs. Cokato

June 11th Home vs. Litchfield

June 14th @ Delano

June 16th @ Hutchinson

June 18th Home vs. Dassel

June 21st Home vs Maple Plain

June 25th @ Litchfield

June 28th Home vs. Hutchinson

July 5th @ Dassel

July 7th Home vs. Howard Lake

July 9th Home vs. Loretto

July 12th Home vs Buffalo

July 14th @ Loretto

July 16th @ Maple Plain

July 19th @ Maple Lake

July 21st @ Cokato

July 23rd Home vs. Waverly

Home games are located at the
RHS Varsity Baseball Field

> Membership



RCC Membership Includes:

- Most RCC Fitness Classes
- Access to Rocket Power Center
- Access to RCC Fieldhouse
- Access to Bathroom/showers
- Access to RCC Personal Trainers (extra fee)

NON-MEMBERS can get a daily pass for \$5 or take a class for \$5 each

Membership Questions

Jamie Smith, Membership Coordinator
smithj@rockford.k12.mn.us
763-477-5294

Rates

RCC Membership Rates

Fill out a Membership Registration form and a monthly fee will be automatically deducted.

Adult Monthly Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center	\$32
Student Monthly Valid HS or College ID MUST be present when joining.	\$20
Senior Monthly (62 and over) Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center Free walking passes (Walking passes do not include the use of the Rocket Power Center).	\$20
Family Monthly Includes: RCC fitness classes and access to fieldhouse and Rocket Power Center* <i>*Does not include Rocket Power instruction, must have student membership for that program.</i>	\$45
Annual Walking Pass Seniors 62 and over receive FREE walking passes in the fieldhouse.	\$50
Day Pass Daily fee for Rocket Power Center and Fieldhouse use OR one fitness class. Anyone under the age of 18 must be signed up and paid for by a legal guardian.	\$5 \$2 for 62+

No sign up fees, no cancellation fees, no minimum contract length.

Insurance Benefits

Contact your insurance provider to see if you are eligible. Stop by the RCC Front Desk or call 763-477-5294 for more information.

Rockford Community Center Membership

Plan a visit to the Rockford Community Center – we would love to meet you and give you a tour of the Rocket Power Center. Our goal is to make everyone feel comfortable and motivated – we can help you achieve your health and fitness goals. We have fitness professionals, a variety of equipment and fitness classes included in your membership to support and coach you as you improve your health. We have a clean, comfortable and safe environment with no long term contract hassles. Call or stop in at the RCC front desk today for more information or to sign up!

RCC Fitness Classes

All monthly memberships include RCC fitness classes at no additional charge. Fees may be required for some equipment.

How it works:

No pre-registration is needed, however, we encourage all participants to arrive 15 minutes before the class begins. Simply swipe your membership card and sign in upon arrival.

Rocket Power Center

The RCC also has a fitness center with cardiovascular equipment such as elliptical, treadmill and stair climber machines. In addition the RCC has a Freemotion cable cross machine, free weights and Cybex weight machines.

No one under the age of 12 is allowed in the Rocket Power Center. Ages 12-14 must be supervised by a legal guardian.

Access to RCC Personal Trainers

The RCC has two personal trainers available to help you meet your fitness goals.

Personal Training is not included in Membership and is an additional fee. See page 21 for information about our trainers and pricing.

How to become a Member:

Fill out a Membership Registration form and a monthly fee will be automatically deducted.

<https://rockfordcc.recdesk.com/community/home>

Questions: email Jamie Smith, smithj@rockford.k12.mn.us

Call 763-477-5294 between 8am - 4pm



Rockford Area Schools Facilities

RHS

Rockford High School

7600 County Road 50
Rockford, MN 55373
763-477-5846

RMS-CES

Rockford Middle School Center for Environmental Studies

6051 Ash Street
Rockford, MN 55373
763-477-5831

REAMS

Rockford Elementary Arts Magnet School

7650 County Road 50
Rockford, MN 55373
763-477-5837

RCC

Rockford Community Center & Community Education Office

7600 County Road 50
Rockford, MN 55373
763-477-5294 (RCC), 763-477-4563 (Office)

District Office

6051 Ash Street
Rockford, MN 55373
763-477-9165

Transportation Center

7700 County Road 50
Rockford, MN 55373
763-477-6100



Gyms/Classroom Entrances

ROCKFORD ELEMENTARY - REAMS	
Door 1	REAMS Main Entrance & Office
Door 7	Galaxy Kids Entrance
Door 35	REAMS Gym Entrance
ROCKFORD MIDDLE SCHOOL - RMS-CES	
Door 1	District Office
Door 4	RMS-CES Entrance & Office
Door 5	Rocket Gymnastics Club entrance
ROCKFORD HIGH SCHOOL - RHS	
Door 1	RHS Main Entrance & Office
Door 1 / 13	RHS Auditorium (enter through 1 or 13)
Door 13	RHS Commons
Door 13	RHS Main Gym
ROCKFORD COMMUNITY CENTER - RCC	
Door 11	Rocket Power Fitness Center
Door 11	RCC Entrance and Office
Door 11	RCC Fieldhouse
Door 11	RCC Dance Studio / RCC Rooms

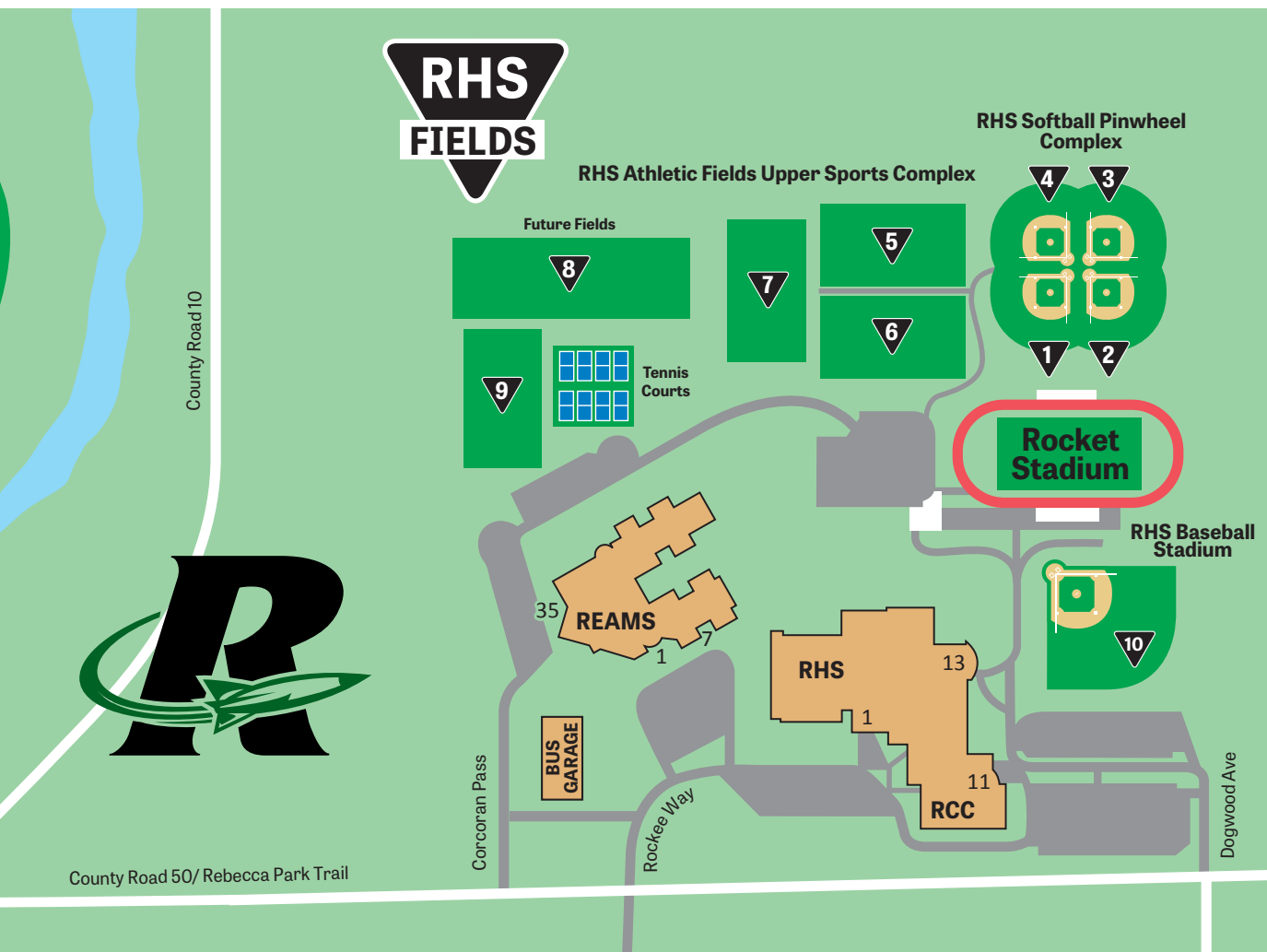
Field/Court Locations

RHS 1	Varsity Softball Pinwheel
RHS 2	Softball Pinwheel
RHS 3	Softball Pinwheel
RHS 4	Softball Pinwheel
RHS 5	Football/Soccer Practice Fields
RHS 6	Football/Soccer Practice Fields (lighted)
RHS 7	Football/Soccer Practice Fields
RHS 8	Future Fields
RHS 9	Football/Soccer Practice Fields
RHS 9	Tennis Courts
RHS 10	Varsity Baseball Field
Rocket Stadium	Rockets Multi-Use Stadium and Olympic Size Track
RMS 1	Baseball Field
RMS 2	Baseball Field
RMS 3	Baseball Field
RMS 4	Baseball Field
RMS 5	Football/Soccer Practice Fields



Facility Scheduling 763-477-4563

Contact Melissa Joseph, Facilities Coordinator



> Class Registration



Rockford Area Schools COMMUNITY EDUCATION

Registration

Classes are filled on a first-come, first-served basis. The class fee must be paid at the time of registration.

Assume you are in the class for which your registered unless you hear from us. All classes will meet at the scheduled time and place.

Class Registration Questions

Email Melissa Joseph at josephm@rockford.k12.mn.us or call 763-477-4563

3 Ways to Register

ONLINE

Use our new online system to register and pay all on the same site! We encourage you to add all members of your household in anticipation of future registrations within the system.

Create or Sign In to your account:

<https://rockford.ce.eleyo.com>

> Select **Explore All Programs**



BY MAIL OR IN PERSON

To register - mail, fax or drop off payment and this completed form to:

Rockford Community Education, 7600 County Rd 50, Rockford, MN 55373

We will transfer this registration into our new system. Confirmation that you are registered in the class will be sent via email, so please make sure to include a valid email address. Registration in a class is not complete until we have payment or payment arrangements. We will contact you if the class is canceled or any additional information is needed.

FAX

You can fax the completed registration to 763-477-5833. Registration in a class is not complete until we have payment or payment arrangements.

Cancellation Policy

If a class is cancelled due to insufficient enrollment, you will be notified and your fee refunded in full. If you need to cancel, you will receive a refund minus a \$5 processing fee if you cancel at least five days before the start of class. No refunds will be issued if you cancel after that time.

Weather Cancellation

Community Ed classes will not meet when Rockford Area Schools are closed during the day due to bad weather.

Nondiscrimination

Federal and state laws prohibit discrimination in education based on sex/gender, sexual orientation, race, color, creed, national origin, religion, disability, receipt of public assistance, marital status and age.

Community Education Registration - Mail Option

To register - mail, fax or drop off payment and this completed form to:

Rockford Community Education, 7600 County Rd 50, Rockford, MN 55373 • Phone (763) 477-4563 • Fax (763) 477-5833

PARTICIPATION INFORMATION

ECFE registration: use ECFE form on page 9.

First Name	
Last Name	
Course Name/#	
Fee	\$

Please complete if registration requires age, grade and/or t-shirt size

First Name	
Last Name	
Course Name/#	
Fee	\$
2023-24 Grade: K 1 2 3 4 5 6 7 8 9 10 11 12	
Child's Birth Date: — / — / —	Child's Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male
Child's T-Shirt Size: Youth Sizes: S (6-8) M (10-12) L (14-16) Adult Sizes: S M L XL	

First Name	
Last Name	
Course Name/#	
Fee	\$
2023-24 Grade: K 1 2 3 4 5 6 7 8 9 10 11 12	
Child's Birth Date: — / — / —	Child's Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male
Child's T-Shirt Size: Youth Sizes: S (6-8) M (10-12) L (14-16) Adult Sizes: S M L XL	

ADULT CONTACT INFORMATION

Name _____

Address _____

City _____ Zip _____

Home Phone _____

Cell Phone _____

Emergency Phone _____

Primary Email _____

Secondary Email _____

PAYMENT INFORMATION

Total Fees \$ _____

☐ Cash

☐ Check payable to RCE _____

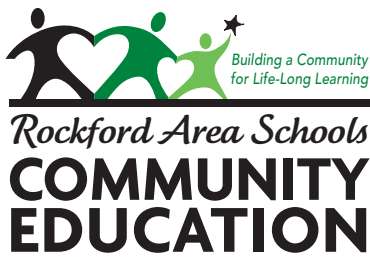
CONFIRMATION

We will transfer this registration into our new system. Confirmation that you are registered in the class will be sent via email, so please make sure to include a valid email address. Registration in a class is not complete until we have payment or payment arrangements. We will contact you if the class is canceled or any additional information is needed.

AGREEMENT

I hereby agree to allow myself or my child to participate in the named RCE activity. In consideration of accepting this registration, I hereby, for myself and heirs, waive any and all rights and claims for damages I may have against the Rockford School District ISD #883 and its representatives, for any and all injuries from whatever cause suffered by the listed participant(s) in the indicated activity.

Parent/Guardian Signature



PRSTD STD
Non-Profit Org.
US Postage
PAID
Madelia MN
Permit No. 4

Independent School District 883
Rockford Area Schools
6051 Ash Street
Rockford, MN 55373

Postal Patron
ECRWSS

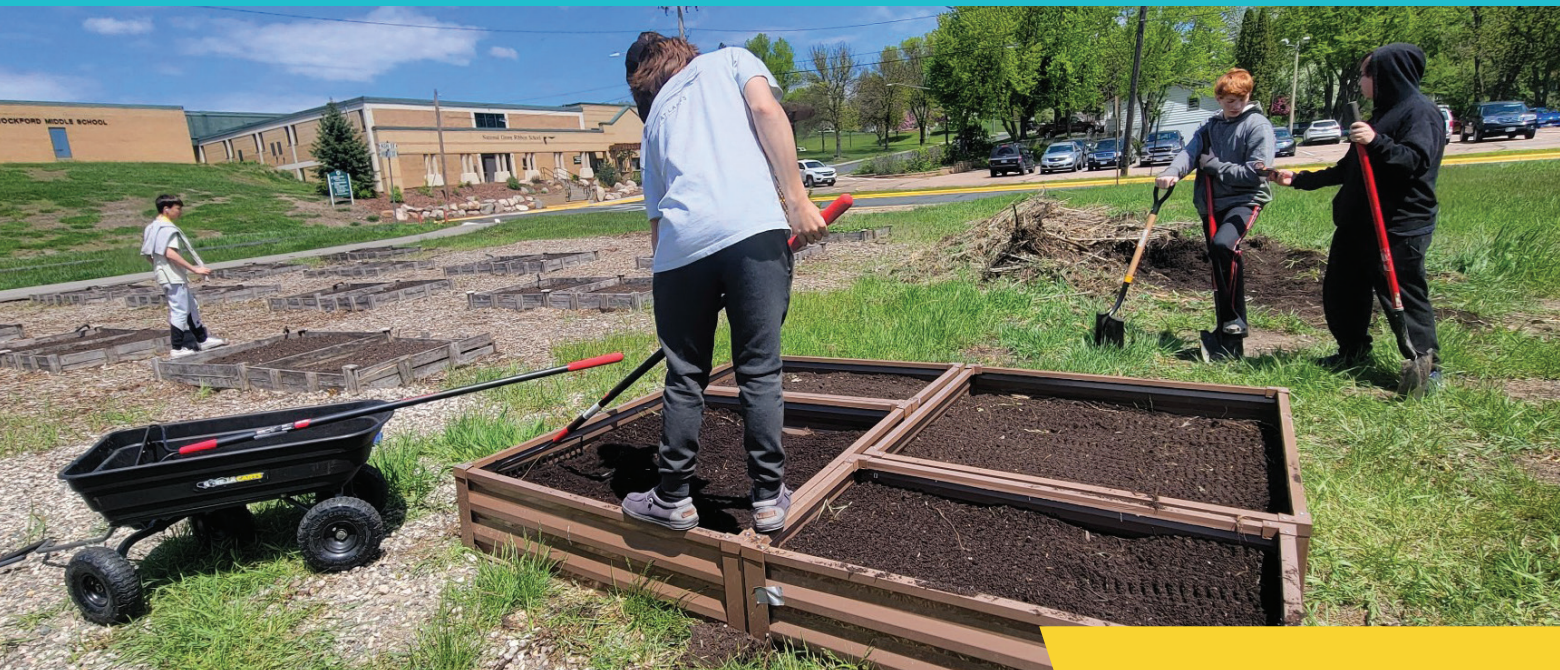
Community Education Classes for all ages!

New Rentable Community Garden Beds

Register to reserve a garden bed this growing season!
See page 18 for more information.



Spring Summer 2023



<https://rockford.ce.eleyo.com>

**Easy Online
Registration!**