Rockford Area Schools December 2021 Breakfast Menu MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 3 1 2 Cinnamon Roll Blueberry Muffin Pancake on a Stick Cheese Stick Strawberry Yogurt Vegetable Selection Vegetable Selection Vegetable Selection Fruit or Juice Fruit or Juice Fruit or Juice 1% Milk 1% Milk 1% Milk 7 6 8 9 (10) Chocolate Chip Muffin Cherry Vanilla Yogurt Brekkie Breakfast Stacker Sandwich Banana Chocolate Loaf Mini-Cinnis Cheese Stick Cheese Stick Vegetable Selection Vegetable Selection Vegetable Selection Vegetable Selection Vegetable Selection Fruit or Juice 1% Milk 1% Milk 1% Milk 1% Milk 1% Milk (13) (14) 15 (16) (17) Waffle Sandwich Cinnamon Roll Brekkie French Toast Loaf Blueberry Muffin Cheese Stick Cherry Vanilla Yogurt Strawberry Yogurt Vegetable Selection Vegetable Selection Vegetable Selection Vegetable Selection Vegetable Selection Fruit or Juice 1% Milk 1% Milk 1% Milk 1% Milk 1% Milk

(20) Banana Chocolate Loaf Cheese Stick

Vegetable Selection Fruit or Juice Fruit or Juice 1% Milk

(21)

(28)

Winter Break

(22) Pancake on a Stick

Vegetable Selection 1% Milk

Mini-Cinnis

Strawberry Yogurt

Vegetable Selection

(29) Winter Break

Fruit or Juice

1% Milk

30

(23)

Chocolate Chip Muffin

Vegetable Selection

Cheese Stick

Fruit or Juice

1% Milk

Winter Break

(31)

(24)

Winter Break Begins

Winter Break

Adult Extra Milk

27

Winter Break

\$1.90 \$0.60

Milk Choice of 1%, Skim or Chocolate Skim is included with breakfast. For questions or comments, contact the Food Service Director at graunked@rockford.k12.mn.us or call 763-477-5846 ext. 3052



Your MENUS plus more information on our app Taher Food4Life®

