

<b>GIRLS ROCKFORD HIGH SCHOOL RECORDS</b>			
<b>EVENT</b>	<b>PERFORMANCE</b>	<b>NAME</b>	<b>YEAR</b>
100M	12.70	LOGAN HENRICH	2016
200M	25.71	CASSIA CADY	2019
400M	59.53	MOLLY SCHULTZ	2017
800M	02:19.45	AVA CUSCIOTTA	2018
1600M	05:13.54	ABBY BOTTEN	2013
3200M	12:12.00	KIM HELMES	1985
100MH	15.71	SHEENA DEZIEL	1999
300MH	46.24	SHEENA DEZIEL	2001
4X100M	51.14	BYERS, CADY, LONDON, HENRICH	2018
4X200M	01:44.97	SCHULTZ, ROBRAN, BYERS, CADY	2019
4X400M	04:00.75	CUSCIOTTA, ROBRAN, CADY, SCHULTZ	2017
4X800M	09:50.60	SKAFTE, FISHER, NORGRN, HEDELSON	2004
HJ	5-02.00	THERESA ROBECK	1982
		BRYN LONDON	2017
LJ	17-07.00	MOLLY SCHULTZ	2018
TJ	37-11.00	SARA BYERS	2018
PV	12-03.00	ALAYNA SCHLOEDER	2019
SP	35-04.00	JESSICA WICK	1995
DT	114-04.00	ANNA KJOME	1998

<b>BOYS ROCKFORD HIGH SCHOOL RECORDS</b>			
<b>EVENT</b>	<b>PERFORMANCE</b>	<b>NAME</b>	<b>YEAR</b>
100M	11.17	ALEXANDER BYERS	2015
200M	22.80	ALEX KNODELL	2003
		ALEXANDER BYERS	2015
400M	50.25	JOE RUX	1986
800M	01:57.43	CHAD ZINK	1995
1600M	04:28.24	KEVIN SHAUGHNESSY	1995
3200M	09:58.64	JOE FUSS	1995
110MH	15.54	ERIC SWANSON	1999
300MH	39.68	JORDAN O'REILLY	2014
4X100M	44.19	BYERS, GILB, DEERING, O'REILLY	2014
4X200M	01:31.42	BYERS, SCHUMACHER, DEERING, O'REILLY	2014
4X400M	03:28.73	GUTHRIE, HAYDEN, O'REILLY, GALKA	2013
4X800M	08:16.76	DUFFY, TRANDAH, ROEHL, KLONNE	2018
HJ	6-04.00	ERIK OLSON	2016
LJ	21-03.50	HAWKIN PETRON	2019
TJ	43-08.00	HAWKIN PETRON	2019
PV	15-00.00	ERIK OLSON	2015
SP	52-01.25	LUKE OVERTON	2019
DT	152-09.00	ERIK SORENSON	1989

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