



Rockford Community Center  
7600 County Road 50 Rockford, MN 55373

## ROCKFORD COMMUNITY CENTER MEMBER CONTRACT

Membership Type (check one)

- Adult:** \$32 per month (includes most Group Fitness classes)  
*18 years or older, non-student, no children on membership.*
- Family:** \$45 per month (includes most Group Fitness Classes, does not include Rocket Power)  
**Cannot exceed 2 adults over the age of 18 years old (including primary member).** No limit on children ages 18 and under; all family members must live in the same household. Foreign exchange students and foster care children may be included. Children in 6<sup>th</sup> grade and below are not allowed in the Rocket Power Center under any circumstances. The RCC does not currently offer child care services.
- Student:** \$20 per month (includes after-school Rocket Power, does NOT include summer Rocket Power)
  - Rocket Power Instruction** (after-school strength & conditioning program for 7-12<sup>th</sup> grade)  
*Available to students in middle school, high school or post-secondary education up to age 23. Must show valid student identification card prior to membership if 18-23 years old.*
- Senior:** \$20 per month (includes All Adult Group Fitness Classes)  
*Qualifying age is 65 years and older.*

Full Name (primary member) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_

Home phone number \_\_\_\_\_ Cell phone number \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency Contact Phone Number \_\_\_\_\_

### ADDITIONAL FAMILY MEMBERS ON ACCOUNT (do not list primary member)

Secondary Adult Member Name (if applicable): \_\_\_\_\_

Relationship: \_\_\_\_\_ Age: \_\_\_\_ DOB: \_\_\_\_\_ Email address \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_ (cannot exceed age 18) DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_ (cannot exceed age 18) DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_ (cannot exceed age 18) DOB: \_\_\_\_\_

Parents of any minor children (under the age of 18) must sign as legal guardian on behalf of each child on all forms, terms and agreements including but not limited to waiver and release of liability, RCC facility usage agreement and member agreement when applicable.

**NOTE: The Rocket Power Center is available to adult members as well as youth in grades 7 and above. Youth members in grades 7 & 8 must be accompanied by a parent, legal guardian, or authorized supervisor.**



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**Payment Method**

SEE ATTACHED FORM.

**AUTHORIZATION FOR ELECTRONIC FUNDS TRANSFER**

(Circle One) CHECKING SAVINGS

**AUTHORIZATION FOR CREDIT CARD CHARGES**

(Circle One) VISA MASTERCARD DISCOVER

By signing this authorization all payments will be scheduled to be processed on or about the 1<sup>st</sup> of each month. If contract is signed not on the first day of the month, the membership will be prorated and charged that day for the remainder of the month. Each payment grants the use of the facilities for that month and member may cancel membership at any time during the month. Refunds will not be issued for any remaining portion of the month and access to the facilities will be revoked on the day of cancellation.

MEMBER will be responsible to notify RCC of any change to their payment information. Insufficient funds will result in a suspension of membership until resolution. Failure to comply with the agreed payment terms specified in the agreement may result in cancellation of this member agreement.

Bank account and credit card information is destroyed after it is validated and entered into the computer system. This is for your safety and protection.

**I authorize RCC to charge the account circled above and listed in detail on separate sheet for the monthly membership fees.**

Primary Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**FACILITY USAGE & MEMBER AGREEMENT - DO NOT SIGN UNTIL YOU HAVE READ ITS ENTIRETY**

- **Proper conduct.** We strive to provide a safe, fun, family-oriented environment. We expect proper, respectful conduct on the premises at all times. We do not permit disrespectful conduct toward members, guests, or employees including but not limited to vulgar, profane, indecent, offensive, violent, aggressive, abusive, threatening, harassing, bullying, stalking, fraudulent, or other inappropriate behavior and language. Misuse of equipment or facilities is not tolerated and may result in suspension of privileges.
- **Entrance.** All members and guests are to check in at the front desk. Access to the Rocket Power Center requires a membership card to be swiped upon entry. If you lose your membership card, you may have to pay a fee to replace it. The doors to the high school must remain closed at all times.
- **Food and drink.** Food and drink are allowed in the lobby area, meeting rooms, and field house. Only water in a closed, resealable container is acceptable in the Rocket Power Center. Drinking fountains are located across from the front desk as well as in the field house. A filtered water bottle fill station is also across from the front desk. Members and guests are expected to be responsible and clean up after themselves.
- **Proper attire.** Proper workout attire is required. A shirt or tank top is mandatory. Clean, non-suffing, closed toe athletic shoes must be worn. Barefoot is not allowed and street shoes are unacceptable.
- **Equipment.** Be respectful of the equipment and other patrons. Re-rack weights when finished. Please wipe down exercise equipment with disinfectant spray after use. Report any broken, damaged, or unsafe equipment to RCC staff immediately.
- **Personal belongings.** Please store all workout bags, coats, and personal belongings in a locker or cubby. The Rockford Community Center and ISD 883 is not responsible for lost or stolen items. Members and guests should store valuables in a locker. There are lockers available for daily and extended use. Locks are not provided.
- **Electronics.** Keep personal audio devices at a respectable volume level and limit cell phone use while working out.
- **Tobacco, alcohol, drugs.** Use of any tobacco or electronic cigarette products on ISD 883 grounds including any outdoor areas (i.e. sidewalks or parking lots) or school events is not permitted. You may not consume alcohol on any school grounds. You may not use equipment, services, or programs while under the influence of alcohol or illegal drugs. You may not use, possess, or sell any illegal drug on the premises including but not limited to anabolic steroids or other illegal growth-enhancing substance. You should not use, or stop using, any equipment, service, or program if your prescription medication adversely impacts or influences your ability to safely use it.
- **Center Closure or Access Restriction.** We reserve the right to close or restrict access, without advance notice, to any area of or the entire center or premises for any reason including but not limited to construction, remodeling, repair, maintenance (whether planned or unplanned) or health/safety reasons including but not limited to weather, natural disasters, power outages, and medical issues. Your obligation to pay membership dues is not dependent upon usage, availability, or access to the center.
- **Personal training.** Our training services include personal instruction, coaching, advice, or demonstration concerning physical exercise, fitness, strategies, wellness, equipment, and other fitness-related activities by personal trainers, group fitness instructors, and strength coaches. You may not solicit or



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conduct any personal training on the premises, with or without compensation. RCC retains sole discretion to determine whether a member or guest is engaged in personal training.

- **Solicitation.** No loitering or soliciting of any kind or purpose.
- **Weapons.** You may not bring or use weapons of any kind on the premises for any reason (excludes Firearms Safety Course).

**Rocket Power Center**

The fitness center (Rocket Power Center) is available to adults and youth in grades 7 and above. Youth members ages 12\* through 14 must be accompanied by a parent, legal guardian, or authorized supervisor unless cleared by a Rocket Power Instructor. No one under the age of 12\* is allowed in the RPC. An orientation to the Rocket Power Center is available upon request.

**Field House**

The field house is open to members and paid guests during RCC hours. YOUTH UNDER THE AGE OF 8 REQUIRE DIRECT SUPERVISION BY A PARENT, LEGAL GUARDIAN, OR AUTHORIZED ADULT WHILE IN THE FIELD HOUSE. Youth between the age of 8 and 12 will be allowed to play independently in the fieldhouse as long as a parent/guardian is at the RCC; Ages 12-18 may be in the RCC without a parent on premises. However, if they cannot manage their behavior and follow rules, those privileges will be revoked. Hanging on or grabbing basketball rims/nets and volleyball nets is prohibited at all times. All running, tagging, ball throwing or dribbling is to be confined to the field house. NONE OF THE ABOVE IS ACCEPTABLE IN LOBBY OR HALLWAYS. The four-lane track may be used for both walking and jogging. Walkers are asked to please use the inside lanes and joggers use the outside lanes. The direction on the track is clockwise on even numbered days and counter-clockwise on odd numbered days. Strollers with clean rubber wheels are allowed on the track. Bicycles, rollerblades, skateboards, scooters, etc. are not permitted in the field house. No animals allowed except service animals. You may not organize your own informal or formal sports leagues, tournaments, or programs, including but not limited to basketball, tennis, and volleyball.

THE MEMBER AGREES to abide by all facility policies and procedures and RCC rules. Because exercise can be strenuous and subject to risk of serious injury, ISD 883 urges you to consult a physician before beginning any exercise program. You, the member, agree that if you engage in any physical exercise or activity, or use any of the fitness center equipment in the facility or off premises at an ISD 883 event, you do so entirely at your own risk. This includes, without limitation, your use of the locker rooms, parking area, sidewalk area, or any equipment in the fitness center, and your participation in any activity, class, program, or instruction. You agree that you are voluntarily participating in activities and the use of the facility and the premises and assume all risks of injury, illness, damage or loss by theft of any personal property. You agree to release and discharge ISD 883 / Rockford Community Center and all affiliates, employees, agents, representatives, successors, or assigns, from any and all claims of action. This agreement, waiver, and release of liability include, without limitation, all injuries to you, which may occur, regardless of negligence: as a result of (a.) your use of the exercise equipment, (b.) the sudden and unforeseen malfunctioning of any equipment, (c.) our instruction or supervision, and (d.) your slipping and/or falling while in the facility, or on the ISD 883 premises. Should any part of this agreement be found unenforceable the remaining parts shall remain enforceable. Member also agrees no other representation is made than what is agreed herein writing. Failure to use facility will not relieve you of payments. You acknowledge that you have carefully read this agreement / waiver and fully understand that it is a release of liability. You agree to voluntarily give up any right that you may otherwise have to bring a legal action against ISD 883 for negligence, or any other personal injury or property damage or loss action. Cancellation of a membership must be in writing.

The member is entitled to a completed and signed copy of this agreement upon their request. By signing this agreement, MEMBER acknowledges that (A) this agreement is a contract that will become legally binding upon its acceptance by RCC, (B) this agreement constitutes the entire agreement between the parties hereto with respect to the subject matter hereof and supersedes any and all prior agreements, written or oral, with respect to subject matter, except in the case of a signed Promotional Offer where the terms and conditions of the Promotional Offer will be an amendment to this agreement. (C) RCC makes no representations or warranties to MEMBER, either expressed or implied, except to the extend expressly set for in this agreement.

Primary Member signature: \_\_\_\_\_  
Date: \_\_\_\_\_

Secondary Adult Signature: \_\_\_\_\_  
Date: \_\_\_\_\_

**Student Membership ONLY**

Legal Guardian: Any MEMBER who is under the age of 18 must have a parent or legal guardian co-sign this agreement. Legal guardian shall be jointly and severally liable for any and all obligations of such MEMBER hereunder and shall be bound by all terms and conditions of this agreement.

Name of Legal Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Signature of Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



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THIS INFORMATION WILL BE SHREDDED AFTER ENTERED FOR YOUR PROTECTION.

**AUTHORIZATION FOR ELECTRONIC FUNDS TRANSFER**

(Circle One) CHECKING SAVINGS

ROUTING NUMBER (9 DIGITS)  ACCOUNT NUMBER \_\_\_\_\_

NAME OF FINANCIAL INSTITUTION \_\_\_\_\_

NAME ON ACCOUNT (Please Print Clearly) \_\_\_\_\_

**AUTHORIZATION FOR CREDIT CARD CHARGES**

(Circle One) VISA MASTERCARD DISCOVER

NAME AS IT APPEARS ON CARD \_\_\_\_\_

CARD NUMBER --- EXP DATE -

Check this box if the card address is the same as the mailing address on membership contract.

Credit card mailing address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_